

### **Athlete Code of Conduct**

The purpose of a code of conduct for athletes is to establish a consistent expectation for athlete's behaviour.

By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times
- I will demonstrate good sportsmanship at all practices and tournaments
- I will be respectful to my teammates and coaches feelings and personal space. Athletes who exhibit sexist, racist, homophobic or otherwise inappropriate behaviour will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will arrive for every training session on time, unless otherwise discussed with my coach. Tardiness will result in you being turned away from training.
- I will show respect for all facilities and other property used during practices, tournaments and team activities.
- I will refrain from foul language, violence, behaviour deemed dishonest, offensive or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the officials directly.
- I will obey all of World Tae Kwon Do, Australian Tae Kwon Do and Lane Cove Tae Kwon Do rules and codes of conduct at all times.

I understand that if I violate this code of conduct I will be subject to disciplinary action determined by my coaches and the owner of Lane Cove Tae Kwon Do.

Name:

Signed:

Date: